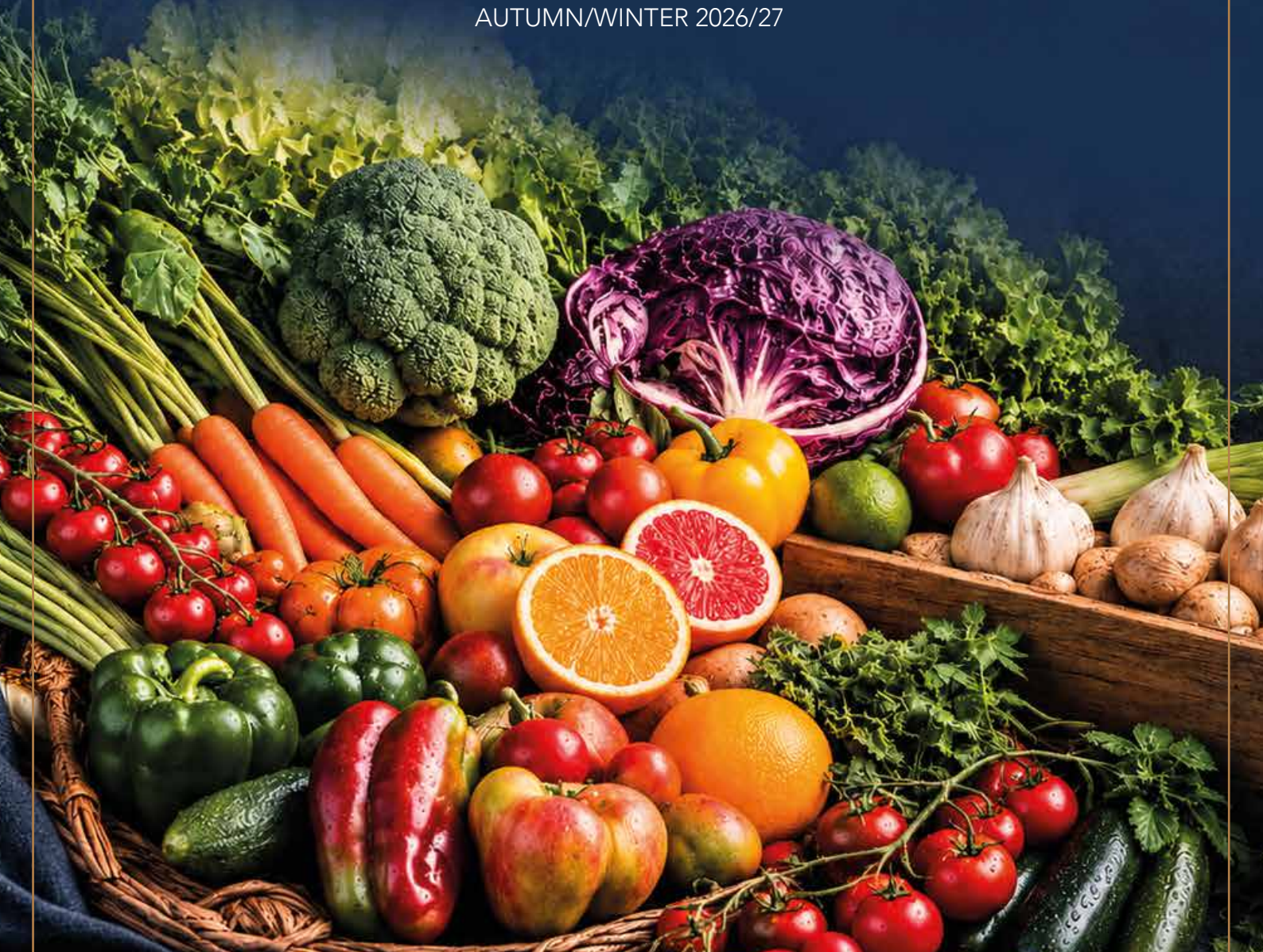


THE FRUIT & VEG COLLECTION



AUTUMN/WINTER 2026/27



ORDER ONLINE
www.harlech.co.uk



CALL OUR TEAM
01766 810 810



HERE TO HELP
sales@harlech.co.uk

WHY CHOOSE HARLECH FRESH PRODUCE?



Harlech Fresh Produce helps you keep menus fresh, seasonal and reliable. From everyday essentials to specialist lines, we offer a range designed to support busy professional kitchens.

Where possible, we carefully source from trusted Welsh and UK growers, selecting produce for quality, consistency and provenance. When seasonal or market conditions require, we complement this with wider sourcing to help ensure reliable availability and value.

With trusted supply, market knowledge and dependable service, we help you buy with confidence.



FRESH QUALITY

Carefully sourced fresh produce



SEASONAL EXPERTISE

Working with Welsh & UK growers where possible



RELIABLE SERVICE

Fresh produce delivered with your complete order



CUSTOMER FOCUSED

Stocked, prepared and specialist BTO ranges



03. VEGETABLES



07. SALADS & LEAVES



09. HERBS



10. FRUIT



12. SPECIALIST PRE-ORDER



15. PREPARED PRODUCE



BRASSICAS, CAULIFLOWER & SQUASH



CABBAGE & BRASSICAS

Search by Description

Broccoli Box 1x6kg / 1x375g

Search by Description

Broccoli Tenderstem 1x2kg / 1x200g

Search by Description

Cabbage Savoy 1x10-12 / Each

Search by Description

Cabbage Spring Box / Each

Search by Description

Cabbage Sweet Heart 1x10-15 / Each

59065 / 61349

Cabbage Red 1x12 / Each

Search by Description

Cabbage White (Drumheads) 1x10kg / Each

15343 / 12976

Cavolo Nero Box 10x200g / 1x200g

34749

Kale Bag 1x200g

SQUASH, COURGETTES & SWEET POTATOES

Search by Description

Butternut Squash 1x10kg / Each

84006 / 31738

Courgettes 1x5kg / 1x500g Av 500g

41425 / 36233

Sweet Potatoes 1x6kg / 1x900g Av 900g

AUTUMN SEASONAL SPECIAL

41860

Pumpkins Medium Box 1x6

51902

Pumpkins BTO Each

CHRISTMAS SEASONAL SPECIAL

32338

Brussels Sprouts 1kg

CAULIFLOWERS

19090 / 33819

Cauliflowers Box / Each

ROOT VEGETABLES, CARROTS & BABY VEG



CARROTS & ROOT VEG

73851 / 69091

Beetroot Bunches 1x12 / Each

73709 / 29028

Beetroot Long Life 10x250g / 1x250g

56369

Carrots Chantenay Orange 1x5kg

12447 / 29055

Carrots 1x10kg / 1x1kg

21187 / 43842

Celeriac 1x10kg / Each

58064 / 42692

Parsnips 1x5kg / 1x450g-550g

74780

Swedes 1x12.5kg / Each

BEANS, SUGAR SNAPS & BABY VEG

22552 / 25412

Baby Veg - Baby Corn 12x80g / Each

44882 / 59333

Baby Veg - Carrots Pack 1x200g

45169 / 32059

Beans Fine Beans Box 10x150g / Each

30036

Fine Bean Loose Box 1x1.5kg

88286 / 23055

Mange-Tout Box 10x125g / Each

18935 / 78662

Sugar Snap Box 10x125g / Each

45046

Sugar Snap Loose Box 1x1.5kg

Please note: Due to seasonal and market availability, pack sizes, weights and product codes may change.
If a code is unavailable, please search by product description or contact our team.

POTATOES & MUSHROOMS



POTATOES

34645

Potatoes Baking Box 1x40s

12518

Potatoes Baking Box 1x50s

21942

Potatoes Baking Box 1x60s

83177 / 12170

Potatoes General Sack 1x25kg / 1x2kg

80445

Potatoes Koffmans 1x20kg

32849

Potatoes Roosters Sack 1x20kg

17970

Potatoes Washed Chipping 1x20kg

47619 / 71992

Potatoes Washed Mids 1x10kg / 1x1kg

78151

Potatoes Washed Whites 1x25kg

12837 / 44954

Potatoes Pre-Pack 10x2kg / 1x2kg

MUSHROOMS

34181

Mushrooms Button 1x2.27kg

22667 / 68422

Mushrooms Chestnut Box 1x2.27kg / 1x250g

37484 / 42416

Mushrooms Closed Cup 1x2.27kg / 1x250g

21026

Mushrooms Exotic Mix 1x1kg

31743

Mushrooms Flat/Breakfast 1x1.5kg

22306

Mushrooms Portobello 1x1.8kg

12582

Oyster Mushrooms Box 1x1kg

ONIONS, GARLIC & MORE



ONIONS, LEEKS & GARLIC

19591 / 50201

Garlic Loose Net 1x3.5kg / Each

15868

Garlic Peeled 1x1kg

Search by Description

Leeks Net 1x4.5kg / 1x500g

59542 / 78058

Onions Large Spanish 1x20kg / 1x2.2kg

44383 / 23412 / 46085

Onions Red Net 1x9kg/1x2kg/1x475g

32362 / 89676

Onions Shallots Banana Net 1x4kg / 1x500g

69176 / 15349 / 78615

Onions Small Net 1x20kg/1x2.5kg/1x600g

CHILLIES, AUBERGINES, AVOCADOS & MORE

40171

Asparagus Green 1x225g

Search by Description

Aubergine 1x5kg / Each

Search by Description

Avocados Ripe & Ready 18-22 Box / Each

83688 / 49876

Chillies Green 1x3kg / 1x250g

66457 / 51158

Chillies Red 1x3kg / 1x250g

19117

Corn On The Cob (Long Life) 1x2

Search by Description

Fennel Medium 1x4kg / Each

17532 / 83251

Ginger 1x10kg / 1x250g

62925

Lemongrass Bunch 1x100g

LETTUCE, LEAVES, PEPPERS & RADISHES



LETTUCE & SALAD BAGS

53679

Lettuce Bionda Each

88194

Lettuce Cos Each

78164

Lettuce Endive Each

35077

Lettuce Flat Each

Search by Description

Lettuce Icebergs Box / Each

27607

Lettuce Little Gem 1x2

87327

Lettuce Oakleaf Each

80587

Lettuce Radicchio Each

60916

Lettuce Rosso Each

37865 / 67597 / 14232

Salad Bags Baby leaf 1x100g/1x500g/6x500g

58095 / 68466

Salad Bags Joe's Pride 1x500g/5x500g

69927 / 56181 / 69373

Salad Bags Rocket 1x100g/1x500g/6x500g

54811

Spinach 1x200g

65045

Watercress 1x100g

PEPPERS, RADISH & SALAD ONIONS

Search by Description

Peppers Green 1x5kg / Each

Search by Description

Peppers Orange 1x5kg / Each

Search by Description

Peppers Red 1x5kg / Each

39669 / 83131

Peppers Trio 1x500g / 10x500g

Search by Description

Peppers Yellow 1x5kg / Each

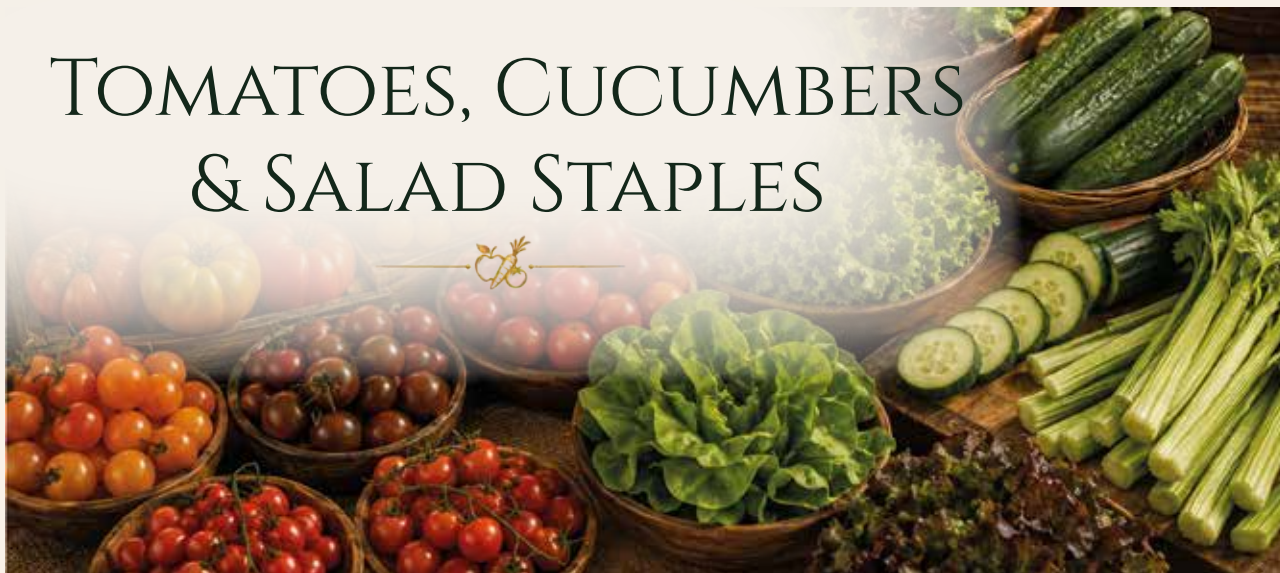
56715

Radish Cone 1x125g

Search by Description

Spring Onions 12x125g/20x125g/1x125g

TOMATOES, CUCUMBERS & SALAD STAPLES



TOMATOES

Search by Description

Tomatoes Beef Box 1x7kg / Each

36094 / 28424

Tomatoes Cherry Box 9x250g / 1x250g

40946

Tomatoes Cherry Vine Box 1x3kg

60835

Tomatoes on the Vine Box 1x5kg

41297 / 69690

Tomatoes Salad Box 1x6kg / 1x500g

73782

Tomatoes Heritage Box 1x3kg

64248

Tomatoes Plum Box 1x5kg

CELERY, CUCUMBER & CRESS

75193

Celery Single Each

Search by Description

Cress Salad Box / Punnet

Search by Description

Cucumbers Box / Each

OTHER

53679

Lettuce Bionda Each

Please note: Due to seasonal and market availability, pack sizes, weights and product codes may change. If a code is unavailable, please search by product description or contact our team.

FRESH HERBS & MICRO HERBS



HERBS

33065

Basil 1x80-100g

63370

Chives 1x80-100g

79578

Coriander 1x150g

68361

Coriander Loose 1x10

15855

Dill 1x80-100g

38515

Mint 1x100g

18987

Oregano 1x80-100g

41444

Parsley Curly 1x150g

50008

Parsley Flat 1x150g

54831

Rosemary 1x80-100g

43485

Sage 1x80-100g

32448

Tarragon 1x80-100g

35178

Thyme 1x80-100g

MICRO HERBS

33015

Micro Basil Green 1x30g

29621

Micro Basil Purple 1x30g

89770

Micro Coriander 1x30g

66153

Micro Dill 1x30g

88483

Micro Lemon Balm 1x15g

80989

Micro Mint 1x20g

37502

Micro Parsley 1x30g

48582

Micro Pea Shoots Tendril 1x100g

66006

Micro Radish 1x30g

55206

Micro Red Amaranth 1x25g

53055

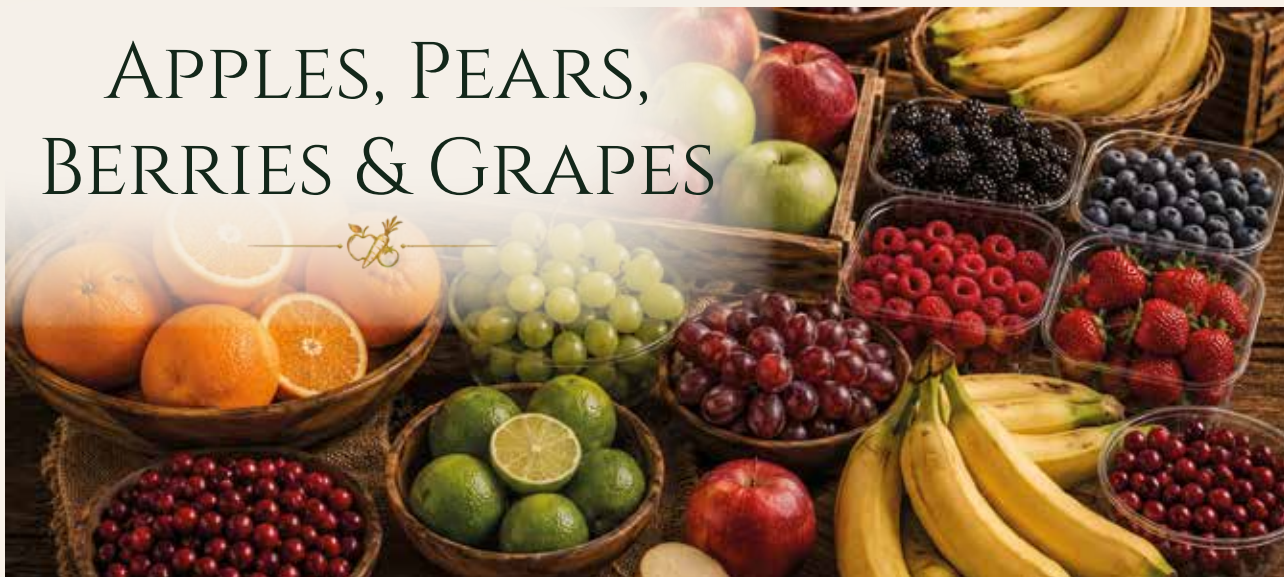
Micro Red Vein Sorrel 1x20g

13178

Micro Viola Flowers 1x5g

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APPLES, PEARS, BERRIES & GRAPES



APPLES & PEARS

Search by Description

Apples Braeburn Large 1x12kg / each

Search by Description

Apples Cooking/Bramley 1x12-13kg / each

Search by Description

Apples Golden Delicious Large 1x12kg / each

Search by Description

Apples Granny Smith Large 1x12kg / each

Search by Description

Apples Granny Smith Small Apple 1x18kg / each

Search by Description

Apples Pink Lady Large 1x12kg / each

Search by Description

Apples Royal Gala Large 1x12kg / each

Search by Description

Apples Royal Gala Small 1x18kg / each

26167 / 44799

Pears Conference 1x12kg / each

BERRIES

74335

Blackberries Punnet 1x125g

86561

Blueberries Punnet 1x125g

67607

Raspberries Punnet 1x125g

75377

Strawberries Large Punnet 1x400g

63067

Cranberries Punnet 1x340g

GRAPES

75355 / 84854

Grapes Green Box / 1x500g

59411 / 30532

Grapes Red Box / 1x500g

BANANAS

53073 / 33195

Bananas Box / Bunch 1x18kg / 1x1kg

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FRESH INSIGHTS

Fresh produce is naturally influenced by seasonality, weather, crop yields and market availability. Our team monitors these changes closely, helping you stay informed on what's in season, where supply may be tighter and where alternative products could offer better value or consistency.

CITRUS, MELONS & EXOTIC FRUIT



CITRUS

Search by Description

Easy Peel Oranges Box / Each

Search by Description

Lemons Box / Each

Search by Description

Limes Box / Each

Search by Description

Oranges Large 1x40-55 Box / Each

Search by Description

Oranges Small 1x80-110 Box / Each

MELONS

82652

Melons Cantaloupe Each

45815

Melons Galia Each

Search by Description

Melons Honeydews Case Box / Each

84067

Melons Watermelons Each

OTHER

Search by Description

Kiwifruit Box 1x28-66 Box/Each

36123

Mangoes Each

58286 / 55942

Passion Fruit Box / Each

83815

Physalis Punnet

76297

Pineapples Each

83162

Pink Grapefruit Each

72515 / 17301

Plums 1x5kg/1x1kg

80237

Pomegranates Each

CHRISTMAS SEASONAL SPECIAL

87686

Chestnuts Vac-Pack 400g

SPECIALIST PRE-ORDER PRODUCE BOUGHT TO ORDER (BTO)

CABBAGE & BRASSICAS

17038

Broccoli Purple Sprouting 1x3kg

68215

Brussels Sprouts Sack 1x9kg

CAULIFLOWERS

13050

Cauliflowers Purple Case 1x8

79264

Cauliflowers Romanesco Case 1x8

25224

Cauliflowers Orange Case 1x8

SQUASH, PUMPKINS, COURGETTES & SWEET POTATOES

55885

Muscat Pumpkins Box 1x3

MUSHROOMS

76723

King Oyster Mushrooms Box 1x4kg

70328

Shiitake Mushrooms Box 1x1.5kg

CARROTS & ROOT VEG

48899

Beetroot Purple 1x10kg

65218

Beetroot Candy Loose Net 1x5kg

48540

Beetroot Golden Loose Net 1x5kg

15150

Carrots Chantenay Rainbow 1x5kg

15734

Carrot Bunches Clean 1x12

43568

Carrots Heritage Mix 1x5kg

54337

Turnips 1x5kg

ONIONS, LEEKS & GARLIC

60334

Garlic Rope Smoked 1x1kg

61663

Onions Pickling Small Cocktail Net 1x5kg

88142

Onions Shallots Round Net 1x4kg

PRE-ORDERING ESSENTIAL

Available to pre-order only, these products are not routinely stocked and are supplied subject to seasonal and daily availability. A minimum 2 working day lead time applies (1pm cut-off). Telephone ordering only, these products are not available to order via our website or app. For product information, availability and lead times, please contact our Telesales Team.

BEANS, SUGAR SNAPS & BABY VEG

21695

Baby Veg - Beetroot 6x200g

67638

Baby Veg - Candy Beetroot 6x200g

69468

Baby Veg - Courgette 6x200g

46653

Baby Veg - Fennel 6x200g

46978

Baby Veg - Golden Beet 6x200g

41965

Baby Veg - Leeks 1x200g

61526

Baby Veg - Turnips 6x200g

POTATOES

35066

Potatoes Cyprus Sack 1x20kg

76247

Potatoes Purple Box 1x5kg

43784

Potatoes Rattes Box 1x5kg

31453

Potatoes King Edwards Sack 1x20kg

75609

Potatoes Washed Mini Mids Box 1x10kg

CHILLIES, AUBERGINES, AVOCADOS & MORE

31203

Banana Leaf 1x1kg

84453

Chillies Birds Eye 1x150g

57018

Chillies Birds Eye 1x1.5kg

63698

Chillies Jalapeno per kg

61192

Galangal Each

15702

Horseradish 1x5kg

23630

Jerusalem Artichokes 1x6kg

86209

Globe Artichokes 1x9kg

17673

Kohlrabi 1x6kg

39487

Molokai Purple Sweet Potato 1x10kg

74387

Mooli (Daikon) Each

51422

Mooli (Daikon) 1x5kg

34861

Salsify Box 1x1kg

36357

Samphire 1x4kg

64371

Swiss Chard Rainbow 1x4kg



LETTUCE & SALAD BAGS

24012

Chicory 1x5kg

54916

Chicory Red 1x3kg

71037

Lamb's Lettuce 6x100g

PEPPERS, RADISH & SALAD ONIONS

31273

Padron Pepper 1x2kg

TOMATOES

13690

Tomatoes Cherry Yellow 9x250g

SALADS OTHER

23843

Bean Sprouts 1x4kg

FRUIT OTHER

30963

Dates Medjool 1x5kg

Search by Description

Figs 18-30 1xBox

28640

Lychees Box 1x2kg

31100

Kumquats Box 1x2kg

36345

Rhubarb 1x500g

HERBS

56277

Basil (Thai) 1x80-100g

62883

Bay Leaf 1x80-100g

43300

Chervil 1x80-100g

22582

Lemon Verbena 1x80-100g

81420

Sage 1x1kg

MICRO HERBS

78929

Micro Basil (Thai) 1x30g

14620

Micro Watercress 1x30g

20983

Sakura Mix Cress 1x18

APPLES & PEARS

53545

Apples Coxes Box 1x12kg

18354

Apples Quince Box 1x4kg

79311

Pears Asian 12-14 1x9kg

BERRIES

79893

Red Currant Punnet 1x125g



PREPARED POTATOES, ROOTS & BRASSICAS



PREPARED POTATOES

29672

Prep Chips 15mm 1x5kg

41386

Prep Chips 20mm 1x5kg

27553

Prep Potatoes 1/2 Cut 1x1kg

89541

Prep Potatoes 1/2 Cut 1x5kg

70508

Prep Potatoes 1/4 Cut 1x1kg

56418

Prep Potatoes 1/4 Cut 1x5kg

54222

Prep Potatoes Diced 10mm 1x1kg

20808

Prep Potatoes Fondant Oval Each

13531

Prep Potatoes Fondant Puck Each

45616

Prep Potatoes Fondant Puck Each

20846

Prep Potatoes Thin Sliced 2mm 1x5kg

23525

Prep Potatoes Whole Peeled per kg

ROOTS, BRASSICAS & VEGETABLES

16232

Prep Aubergines Diced 1x1kg

23543

Prep Broccoli Florets 1x1kg

75746

Prep Butternut Squash Diced 1x1kg

58881

Prep Cabbage Green Shredded 1x1kg

87848

Prep Cabbage Red Shredded 1x1kg

34875

Prep Cabbage Red Shredded 1x5kg

66529

Prep Cabbage White Shredded 1x1kg

78478

Prep Cabbage White Shredded 1x5kg

79931

Prep Carrot & Swede Diced 1x1kg

73072

Prep Carrots Chunky Baton 1x1kg

69264

Prep Carrots Diced 1x1kg

79188

Prep Brussels Sprouts 1x5kg

PREPARED FOR YOU

Designed to make busy kitchens work more efficiently, our prepared produce range helps cut down on peeling, chopping and portioning while delivering the consistency you need service after service. From ready-prepped potatoes and vegetables to coleslaw mixes and stir-fry ingredients, it's a simple way to save valuable kitchen time, reduce preparation waste and keep standards consistent when pressure is on.

CARROTS, COLESLAW & COURGETTES

66877

Prep Carrots Grated 1x1kg

88207

Prep Carrots Whole Peeled 1x1kg

82547

Prep Coleslaw Mix - White & Red Cabbage 1x1kg

46658

Prep Coleslaw Mix - White Cabbage & Red Onion 1x1kg

75400

Prep Courgettes Diced 1x1kg

MIXED VEG & SIDES

23332

Prep Leeks Sliced 1x1kg

18289

Prep Mix Veg Diced Large 1x1kg

39659

Prep Stir Fry Mix 1x1kg

25795

Prep Swede Chunky Baton 1x1kg

76815

Prep Swede Diced 1x1kg

ONIONS, PEPPERS & PARSNIPS

11115

Prep Onion Diced 10mm 1x1kg

16524

Prep Onions Red Diced 1x1kg

34849

Prep Onions Red Sliced 1x1kg

29083

Prep Onions Sliced 1x1kg

26863

Prep Parsnips Whole Peeled 1x1kg

27317

Prep Peppers Mixed Sliced 1x1kg

33936

Prep Mixed Peppers Diced 1x1kg

NEXT DAY PREPARED VEG

44871

Prep Baton Carrots 1x1kg

52251

Prep Sliced Carrots 10mm 1x1kg

71064

Prep Coleslaw Mix 1x1kg

61915

Prep Whole Peeled Potatoes 1x5kg



